

# facebook figolli competition

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# COOK & exchange gift scheme

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Exchange the Lamb Brand proof of purchase or *packets\** with these lovely gifts from **C. Cini Mfg Ltd, 30 New Street, Qormi.** Opening hours are from **Monday to Friday from 8.30am till 1.00pm**. Customer Care: **21444324** / **99454324**. Email: **info@ccini.com** \*Both old and new packets are exchangeable.



# Exchange this token to an equivalent of 10 packets

Terms and conditions: The free 10 tokens can only be exchanged once. It is not redeemable for any other objects and is not available in conjunction with any other offers.





# You will need:

Lamb Brand Table Salt to taste Lamb Brand Ground Black Pepper to taste Lumaconi 500g

Besciamella 500ml

Mozzarella 250g, cut in cubes

Eggs 2 Minced Meat 1 kg Onion 1, finely chopped

Tomato Pulp 1 can

Chicken Cube Tomato Paste 1 tbsp

Milk 1 cup Grated Cheese 1 cup

### All you have to do:

Pour a little olive oil onto a baking dish and place lumaconi near each other, with their opening facing upwards. Place a cube of mozzarella in each lumacona. For the sauce, sauté the onions, add minced meat of your choice and cook well. Add the tomato pulp and keep cooking. In a bowl combine the tomato paste some water and the crumbled chicken cube. Add to pan, season with salt and pepper and simmer for around 15 to 20 minutes.

Pour the cooked minced meat tomato sauce over the lumaconi. Whisk the eggs, milk and half a cup of the grated cheese together with the besciamella and spread over the lumaconi to cover with white sauce. Sprinkle the remaining grated cheese over the white sauce and bake in a preheated oven at 180°C for 45 to 60 minutes.

# SPLIT PEA & VEGETABLE SOUP



Serves 4 Ready in 120 minutes

### You will need:

Lamb Brand Green Split Peas 225g, washed Lamb Brand Table Salt to taste Lamb Brand Ground Black Pepper to taste

Bacon 110g, tiny chopped Butter 75a

Vegetable Stock 3 Pints Celery Sticks 2, chopped Carrot 1, chopped Onion 1, chopped Small Turnip 1/2, chopped

Swede 1/2, chopped

## All you have to do:

In a large cooking pot, melt the butter, then cook the bacon and onion for 5 minutes. Add the rest of the vegetables and stir in well with the butter mixture. Keep stirring over low heat until the edges get a little colour. Pour in the vegetable stock and add the washed split peas. Cover, bring to boil and then simmer for 1 ½ hours stirring occasionally or until the peas are tender.

Puree the soup to the consistency you like with a blender or liquidiser. Taste and season with salt and pepper if needed. Serve the soup hot and garnish with some croutons.

# **MEAT ROULADE**







#### You will need:

Lamb Brand Couscous 200g Lamb Brand Breadcrumbs 75a Lamb Brand Chickpeas 50g Lamb Brand Sultanas 50g Lamb Brand Blanched Almonds 50g, roasted Lamb Brand Oat Flakes 50g Lamb Brand Rosemary 1 tsp Lamb Brand Parsley 1 tsp

Lamb Brand Table Salt to taste Lamb Brand Ground Black Pepper to taste

Minced Beef 800a Minced Pork 400a Streaky Bacon 200g Egg 1 Onion 1, finely chopped

# All you have to do:

Soak the chickpeas for a minimum of 5 hours or overnight. changing the water from time to time, if possible. Rinse, add to a small saucepan, cover the chickpeas with water and bring to the boil. Simmer gently till tender: drain them and let cool. In a bowl mix the minced beef and pork, add egg, breadcrumbs. oat flakes, onion, carrot, rosemary, parsley, salt and pepper and combine together. Form mixture into a roll and cover with bacon. Wrap well with foil and bake in a preheated 180°C, for about 11/2 hours.

Prepare the couscous according to packet instructions and when cool, add sultanas, chickpeas and roasted almonds. Serve the meat roulade on a bed of couscous and chickpeas. The meat roulade would taste better if prepared a day before and stored in the refrigerator. You can serve this dish either warm or cold.



# Visit our webpage

# www.lambbrand.eu/recipes and explore 3 minute videos with

easy step by step methods!

#### You will need:

Lamb Brand Brown Sugar 300g Lamb Brand Pure Ground Almonds 300g Lamb Brand Roasted Hazelnuts 200g, crushed Lamb Brand Aunties Mix Flour 150g Lamb Brand Self Raising Flour 150g Lamb Brand Mixed Spice 1 tsp Lamb Brand Cinnamon 1 tsp Lamb Brand Ground Cloves 1/2 tsp

Orange Flower Water (ilma zahar) 2 tbsp Honey 2 tbsp Oil 2 tsp

Lemon Peel 1, grated Orange Peel 1, grated Cocoa Powder 1 tsp Water some

#### All you have to do:

Sift the flour and add the oil. Mix together all the dry ingredients and then add to the flour and oil mixture. Make a well-shaped hole in the mixture and pour in the orange flower water and gradually add the water to make the dough. On a floured surface, roll the dough with a rolling pin leaving it 10mm thick and cut in rectangular shapes approx 10 x 6cm. Flour the baking tray so that the 'Kwarezimal' won't stick with the tray.

Place the rectangular shaped dough on the floured baking tray and cook into a preheated 180°C oven for 20 to 25 minutes. Once ready spread each piece with honey and sprinkle the crushed hazelnuts.

## You will need:

Lamb Brand Self Raising Flour 50g Lamb Brand Brown Sugar 50g Lamb Brand Pure Ground Almonds 25a Strawberry Yoghurt 85g Butter 2 tbsp. melted & extra for greasing the cups Honey 2 tsp, plus extra for drizzling

Pistachios 1 tbsp. roughly chopped

Bicarbonate of soda 1/4 tsp

# All you have to do:

Butter two large coffee cups, then line the bottoms with a circle of non-stick paper. Add 1 teaspoon of honey to the bottom of each cup. Heat oven to 180°C. Mix the dry ingredients in a large bowl, squashing any lumps of sugar with your fingers. Beat the egg, butter and yoghurt together, then stir into the dry mix until smooth.

Spoon the mix into the cups, place them on a baking trav and bake for 20 minutes until risen and golden. Test if they are ready by inserting a skewer, it should come out clean. Loosen the edge of each pudding with a round-bladed knife, then up-turn them onto serving plates. Drizzle over a little more honey and sprinkle with pistachios. Serve with a scoop of ice cream if desired.

#### You will need:

Lamb Brand Self Raising Flour 800g Lamb Brand Castor Sugar 640g Lamb Brand Pure Ground Almonds 540g Lamb Brand Icing Sugar 100g Lamb Brand Table Salt pinch Lamb Brand Cake Decorations Margarine 300g Cooking Chocolate 300g Chocolate Eggs 6 Eaas 6 Lemon Zest 1 whole + 2 tsp, grated

### All you have to do:

For Dough: Sieve the self-raising flour and 1 tsp vanilla powder in a bowl. Add 300g castor sugar, margarine, table salt and 1 grated whole lemon zest. Then fold in 4 eggs and mix until a smooth dough is obtained, add some water if needed.

For Filling: Mix all the following ingredients together: ground almonds, icing sugar, 340g castor sugar, 2 eggs, 2 tsp lemon zest. and 2 tsp vanilla powder until a smooth paste is obtained.

For Figolla: Roll the dough on a floured surface with a rolling pin, cut two shapes of the figolla and spread the filling on top of one of the dough leaving a tiny margin. Cover this with the second dough shape and press the edges together. Cook in a preheated oven at 170°C for about 20 minutes.

For Decoration: Cover with melted chocolate and decorate your figolli with vermicelli, chocolate egg and royal icing

# **KWAREŻIMAL**





# WARM HONEY CUP PUDDING







Vanilla Powder 3 tsp







